

**Potter-Dix JR./SR. High School
October 2022**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
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2	<p>3 Breakfast: Pancake, Cereal, Yogurt, Fruit, Juice, Milk</p> <p>Lunch: Hamburger, Vegetable, Fruit, Juice, Milk</p>	<p>4 Breakfast: Breakfast Casserole, Cereal, Yogurt, Fruit, Juice, Milk Lunch: Chili, Cinnamon Roll, Vegetable, Fruit, Milk</p> <p>Junior High Volleyball & Football with Arthur County @ 1:00 p.m. & Volleyball Triangular (Bayard & Kimball) @ Kimball @ 4:00 p.m.</p>	<p>5 Breakfast: Biscuits and Gravy, Cereal, Yogurt, Fruit, Juice, Milk Lunch: Pizza, Vegetable, Fruit, Milk</p> <p>Junior High Volleyball Triangular (Banner County & South Platte) @ South Platte @ 2:00 p.m.</p>	<p>6 Breakfast: Breakfast Pizza, Cereal, Yogurt, Fruit, Juice, Milk Lunch: Chicken Sandwich, Vegetable, Fruit, Milk</p>	<p>7 Breakfast: Cook's Choice, Cereal, Yogurt, Fruit, Juice, Milk Lunch: Spaghetti, Vegetable, Fruit, Milk</p> <p>Volleyball (4:00 p.m.) & Football (7:00 p.m.) @ Creek Valley</p>	8 Junior High MAC Volleyball @ Banner County
9	<p>10 Breakfast: Breakfast Burrito, Cereal, Yogurt, Fruit, Juice, Milk Lunch: Sloppy Joe, Vegetable, Fruit, Milk Board of Education Meeting @ 7:00 p.m. @ Dix Site</p>	<p>11 Breakfast: French Toast, Cereal, Yogurt, Fruit, Juice, Milk Lunch: Walking Tacos, Vegetable, Fruit, Milk</p> <p>Volleyball Triangular (Garden County & Wallace) @ Garden County @ 4:00 p.m.</p>	<p>12 Breakfast: Tornados, Cereal, Yogurt, Fruit, Juice, Milk Lunch: Chicken Alfredo, Vegetable, Fruit, Milk Junior High Volleyball & Football with South Platte @ 1:00 p.m.</p>	<p>13 Breakfast: Pancake Sandwich, Cereal, Yogurt, Fruit, Juice, Milk Lunch: Tomato Soup, Grilled Cheese, Vegetable, Fruit, Milk Parent-Teacher Conferences 3:00-8:00 p.m. at Dix</p>	<p>14 No School, Jr. Cheer Day & Football with Garden County @ 1:00 p.m. (Parents Night)</p>	15 MAC Volleyball @ Bridgeport TBD
16	<p>17 Breakfast: Omelet, Cereal, Yogurt, Fruit, Juice, Milk</p> <p>Lunch: Taco Bar, Vegetable, Fruit, Milk</p>	<p>18 Breakfast: Breakfast Pizza, Cereal, Yogurt, Fruit, Juice, Milk Lunch: Ham, Scalloped Potatoes, Vegetable, Fruit, Milk</p> <p>Volleyball Triangular (Creek Valley & Hyannis) @ Creek Valley @ 4:00 p.m.</p>	<p>19 Breakfast: Pancakes, Cereal, Yogurt, Fruit, Juice, Milk</p> <p>Lunch: Meal in a Bowl, Vegetable, Fruit, Milk</p>	<p>20 Breakfast: Breakfast Burrito, Cereal, Yogurt, Fruit, Juice, Milk</p> <p>Lunch: Hot Beef, Vegetable, Fruit, Milk</p>	<p>21 Breakfast: Cook's Choice, Cereal, Yogurt, Fruit, Juice, Milk Lunch: Baked Potato Bar, Vegetable, Fruit, Milk</p> <p>End of 1st Quarter & Volleyball (4:00 p.m.) Football (7:00 p.m.) @ South Platte</p>	22 JV Volleyball Quad @ Creek Valley @ 9:00 a.m.
23	<p>24 Breakfast: Pancake on a Stick, Cereal, Yogurt, Fruit, Juice, Milk Lunch: Chicken Fried Steak, Vegetable, Fruit, Milk</p> <p>Volleyball Sub-Districts TBA</p>	<p>25 Breakfast: Biscuits and Gravy, Cereal, Yogurt, Fruit, Juice, Milk Lunch: Beef Stew, Vegetable, Fruit, Milk</p> <p>Volleyball Sub-Districts TBA</p>	<p>26 Breakfast: Scrambled Eggs, Sausage, Cereal, Yogurt, Fruit, Juice, Milk</p> <p>Lunch: Pizza, Vegetable, Fruit, Milk</p>	<p>27 Breakfast: French Toast, Cereal, Yogurt, Fruit, Juice, Milk</p> <p>Lunch: Chicken Fajitas, Vegetable, Fruit, Milk</p>	<p>28 Breakfast: Cook's Choice, Cereal, Yogurt, Fruit, Juice, Milk Lunch: Goulash, Vegetable, Fruit, Milk</p> <p>Football Playoffs 1st Round TBA</p>	29 Volleyball Districts TBA
30	<p>31 Breakfast: Pancakes, Cereal, Yogurt, Fruit, Juice, Milk</p> <p>Lunch: Chicken Strips, Vegetable, Fruit, Milk</p>					